

Hula Hoop



Divisions: All Ages

Rules and Contest Information:

1. Contestants start when the music begins and continue spinning until told to stop.
2. Once your Hula Hoop hits the ground, you are out.
3. You cannot touch the hoop with your hands once you begin to spin.
4. Whoever can hula hoop the longest without letting it hit the ground will be declared the winner!

